



Diocese of Ossory

20th May 2024.

Dear Students,

As you prepare to sit either your Leaving Certificate or Junior Certificate examinations, I would like to take this opportunity to wish you all the very best. My memories of doing exams myself and the many years I spent teaching mean that I can fully appreciate the stress and challenge that you are facing just now. The disruptions you faced in your education because of the Covid-19 pandemic need to be acknowledged too.

Please know that you are all in my thoughts and prayers at this time. I pray that the Holy Spirit will guide you in knowledge and wisdom over the next number of weeks, giving you focus and application in your work, so that you will fully realise your talents to the best of your ability.

I include the following **Exam Prayer** which you will hopefully find useful as you begin your times of study:

Lord, I know you are with me and love me.
Give me peace of mind as I prepare for this time of study.
Help me to focus on my books and notes.
Keep me from all distractions so that I will make
the best use of this time that is available to me.
Give me insight that I might understand what I am studying,
and help me to remember it when the time comes.
Above all, I thank you for the ability to be able to study
and for the many gifts and talents you have given me.
Help me always to use them in such a way
that they honour you and do justice to myself.
Amen

With every good wish and blessing,



✠Niall Coll,
Bishop of Ossory.